

## IKNOW! MY SELF

## Lesson 1 Scriptures

Psalm 139: 13-16 God made us with intention, we are a gift from God.

13 For it was you who formed my inward parts;

you knit me together in my mother's womb.

14 I praise you, for I am fearfully and wonderfully made.

Wonderful are your works; that I know very well.

15 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

16 Your eyes beheld my unformed substance.

In your book were written all the days that were formed for me, when none of them as yet existed.

Matthew: 29-31 Jesus instructs his students on the value of his creation.

29 Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father.

30 And even the hairs of your head are all counted.

31 So do not be afraid; you are of more value than many sparrows.

Paul: 19-20 Paul's letter to the Corinthians.

19 Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own?

20 For you were bought with a price; therefore glorify God in your body.