

## I KNOW!

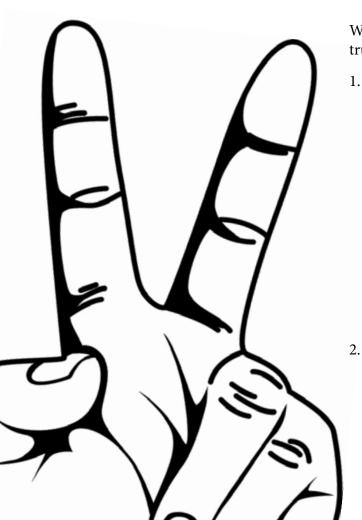
## My Boundaries.

## Lesson 2 Worksheet

## Your Trusted Adults:

A trusted adult is someone who you know very well, someone who you feel safe with, and someone who can help you when you have a problem.

Think about the adults in your life that you know you can trust. Who are they?



Write down the names of your two trusted adults.

1.

