

5 Ways to Make Your Parish Safe and Welcoming to Those in Recovery

- Speak openly about addiction. Share recovery stories in sermons. Make recovery-talk normative.
 Own that many Episcopalians deal with addictions of various kinds. Its real life; there is no shame.
- 2. Provide non-alcoholic wine at Eucharist, just as we provide gluten-free wafers.
- 3. Bless "recovery birthdays" along with anniversaries and "regular" birthdays.
- 4. Invite 12 step groups to use church meeting rooms; consider them a real part of the parish. Build relationships with "12-steppers." Clergy can sit in on Open Meetings from time to time to learn from the group's wisdom. The church and recovery groups have much to learn from each other.
- 5. Periodically offer Christian formation around recovery topics. Invite folks in recovery to speak and share their experience, strength and hope with parishioners.