



★ The Episcopal Diocese of Texas

RECOVERY RETREAT

MEET OUR GUEST:

ERIN JEAN WARDE



The Rev. Erin Jean Warde is a spiritual director, recovery coach, writer, priest, and speaker.

"SOBER SPIRITUALITY
DECLARES WE ARE ALL
WORTHY OF AN
ABUNDANT AND JOYFUL
LIFE IN MIND, BODY, AND
SOUL."

Erin Jean Warde hails from the Deepest South, Alabama, with the accent to prove it. From an early age, she found herself both lost in words, and foraging a way through them through writing. At the young age of 10, she knew she wanted to write a book, so the identity of writer feels almost as close to her as the identity of human, woman, created.

Her first book – *Sober Spirituality: The Joy of a Mindful Relationship with Alcohol* – is available to purchase at: <https://a.co/d/cYxaMHI>

Erin offers a course, *Discerning Sobriety*, which helps participants bring spiritual practices and mindfulness into their relationship with alcohol. You can explore her offerings around coaching, spiritual direction, and more at <http://www.erinjeanwarde.com/>

Join us for this year's Online Recovery Retreat!

- Hear presentations from Erin on *Sober Spirituality*.
- Discuss in breakout groups.
- Connect with sober friends across the diocese.

Open to members of all 12 Step Fellowships and their Family and Friends of Recovery.

Saturday
April 13

11:00 – 3:00

\$15 suggested donation

Register here:

<https://forms.gle/1an4qcV5MRLrU6LAA>
(ZOOM link is on the registration form.)