

At-A-Glance Contact List

CPG Client Services	Phone / Hours	Email	Website
Pensions and Retirement Savings Plans	866-802-6333 Monday to Friday, 8:30 AM to 8:00 PM ET 877-432-9274 (fax)	benefits@cpg.org	cpg.org cpg.org/myaccount
Medical, Dental, & Group Life/Disability	800-480-9967 877-432-9274 (fax) Monday to Friday, 8:30 AM to 8:00 PM ET	mtcustserv@cpg.org	cpg.org
Retirement Plans	Phone / Hours	Website	App
Fidelity (For the Lay Defined Contribution and Retirement Savings Plan)	877-208-0092 Monday to Friday, 8:30 AM to 12:00 Midnight	netbenefits.com cpg.org/myaccount	NetBenefits Mobile App Fidelity Investments Mobile App
Forrest T. Jones (FTJ) (For assistance with Annuities, Individual Life Insurance, and IRAs)	877-679-2678 Monday to Friday, 7:30 AM to 7:30 PM ET	FTJ.com	
Health Plans (ID Cards issued)	Phone / Hours	Website	App
Quantum Health For plans using Anthem and Cigna networks and Cigna EAP	Quantum Health 866-871-0620 Monday to Friday 8:30 AM to 10:00 PM ET EAP: 866-395-7794 (24/7)	MyQuantumCare.org	Apple: Quantum Health from the App Store Android: Quantum Health from Google Play
Delta Dental	Members: 888-894-7059	deltadentalins.com	Delta Dental Mobile App Apple: Delta Dental Plans Association from the App Store Android: Delta Dental Plans Association from Google Play
Kaiser Permanente	Colorado: 877-883-6698 Georgia: 866-800-1486 Mid-Atlantic States: 877-740-4117 Northwest: 866-800-3402 Northern California: 800-663-1771 Southern California: 800-533-1833	kp.org	Kaiser Permanente Mobile App Apple: Kaiser Permanente from the App Store Android: Kaiser Permanente from Google Play
Express Scripts Prescription Drug Benefits	800-841-3361 (24/7)	express-scripts.com	Express Scripts Mobile App Express Scripts Pharmacy Mobile App Express Scripts

Additional Benefits	Phone / Hours	Website	App	
EyeMed Vision Care	Members: 866-723-0513 Pre-enrollment: 866-723-0596 Monday to Saturday, 8:00 AM to 11:00 PM ET Sunday 11:00 AM to 8:00 PM ET	eyemedvisioncare.com/ecmt	EyeMed Members Mobile App Apple: EyeMed from the App Store Android: EyeMed Apps from Google Play	
HealthEquity (Health Savings Accounts) Debit Cards may be issued	866-346-5800 (24/7) Monday to Friday 6:00 AM to 6:00 PM	healthequity.com	HealthEquity Mobile App Apple: HealthEquity Mobile from the App Store Android: EyeMed from Google Play	
UnitedHealthcare Global Assistance	800-527-0218 (from US, Canada, Puerto Rico, Virgin Islands and Bermuda) 410-453-6330 (from all other locations, call collect) Open 24/7	worldwatch.uhcglobal.com		
Disability Insurance	Phone / Hours	Website	App	
American Family Life Assurance Company of New York (Aflac)	800-206-8826	mygroupplifedisability.aflac.com		
Online Bill Payment	Phone/Hours	Email	Website	Purpose
Benefits Bill Pay Pension assessments and group health coverage	Client Services: 800-480-9967, Monday to Friday, 8:30 AM to 8:00 PM ET	benefits@cpg.org	cpg.org/mycpg	For questions about the content of your invoice (provide Client Number and Account Number from your invoice)
Paymentus Technical Support	Paymentus: 980-987-7445, Monday to Friday, 8:00 AM to Midnight ET; Saturday and Sunday, 8:00 AM to 5:00 PM ET	customercare@paymentus.com	cpg.org/benefitsbillpay	For technical assistance when making a payment online (provide Account Number from your invoice)
Paymentus Payment by Phone		866-899-0455	You can also pay benefits bills by phone. Have your invoice handy.	